



Aurora Therapeutics, Inc.

Katherine Clements, N.D., L.M.T.

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Dear New Client,

I would personally like to welcome you to our office. Please allow 1 1/2 hours for your initial appointment. Your initial visit consists of two appointments. The first visit consists of a thorough evaluation of your history past and current, diet, supplements and an introduction to a balanced and comprehensive approach to optimal health. At the end of the visit you will be provided with educational material and basic recommendations. The second visit is complimentary if scheduled within 10 days. At this time, you will continue the process of initiating a strong foundation for optimizing your health, any questions will be answered, and adjustments to your personalized set of recommendations for your individual concerns will be discussed. This two part series gives us both time to review and process information, and to be as thorough as possible.

Please read and complete the following forms and bring to your initial visit:

- ✓ Initial Intake Form
- ✓ Informed Consent for Naturopathic Treatment
- ✓ Client Fees and Payment Policies
- ✓ Receipt of Privacy Practices
- ✓ Contact Information
- ✓ Optional Credit Card Authorization Form (will be kept confidential)
- ✓ 3 Day Diet Diary (list all foods and beverages consumed, amount of water, check how often you urinate, times of bowel movements, notate significant physical or emotional feelings)
- ✓ If this is an appointment for your child, a baby photo and a current photo.

Also please bring to your appointment:

- ✓ Copies of all your recent and/or pertinent lab work (blood tests) and imaging (ultrasound, CT scan, mammogram, Xrays, etc.), it is always your right to request copies of your medical information from your physician's office if you do not have copies at home
- ✓ All medicines (prescribed and over-the-counter) and vitamins and supplements you are currently taking (please bring bottles so I can see ingredients and dosage)
- ✓ Any questions or concerns you have

Thank you for choosing Aurora Therapeutics, Inc. My goal is to assist you in attaining your goals for optimal health and well-being. I look forward to meeting you and working together.

Sincerely,

Katherine Clements, N.D., L.M.T.