

Katherine E. Clements, N.D., L.M.T.

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Professional Affiliations and Recognition

Licensed Naturopathic Physician, State of Oregon

Licensed Massage Therapist, State of Florida

Member of American Association of Naturopathic Physicians

Member of Florida Naturopathic Physicians Association

Member of American Massage Therapy Association

Defeat Autism Now! listed practitioner, 2006 until list discontinued in 2011

Generation Rescue grant provider, 2008-current

Instructor of Distinction, Everglades University, 2008

Natural Choice Awards Winner for Favorite Women's Health Specialist, 2009

Education

Doctor of Naturopathic Medicine, June 2003

Bastyr University, Kenmore, WA 1998-2003

Completed an accredited four year naturopathic medical program in coursework and clinical practice. Additional training in counseling, homeopathy, HIV management, physical medicine and women's and children's healthcare.

Licensed Massage Therapist, September 1999

Brenneke School of Massage, Seattle, WA 1999

Bachelor of Science, Environmental Studies, February 1993

State University of New York at Buffalo, Buffalo, NY 1988-1993

- Environmental Studies major with focus on botanical field studies and environmental education. Special projects in paleontology and creation of a herbarium of local medicinal plant species.

Related Experience

Thrive, Sarasota, FL

Co-Director, June 2010-current

- In 2010 partnered to create a 3000 square foot wellness center offering a variety of educational and healing experiences to the Tampa Bay area.

Aurora Therapeutics, Inc., Sarasota, FL

President and Director, May 2005-current

- Provide wellness consultation and therapeutic massage to a diverse clientele with a wide range of health concerns; including autism, ADD, chronic fatigue, cancer/immune support, digestive and hormonal disorders.
- Co-creator and co-facilitator of Whole Child Forum: a monthly support group for families of children with autism, sensory disorder, ADHD, and special dietary needs since 2009.
- Editor of monthly newsletter.
- Create and present seminars to public and private organizations on a variety of health-related topics including developmental delay, detoxification, children's wellness, nutrition, immune support and hormone balancing.
- Oversee all aspects of business operating procedures.

Florida Naturopathic Physicians Association

President, June 2010-current

Vice President, February 2006-May 2010

- Assist in restructuring of organization, policy and procedures.
- Assist in areas of legislation and fundraising.
- Act as Membership Director and Chairwoman of Ethics Committee.
- Outreach to and education of public and professional organizations regarding naturopathic medicine.

Everglades University, Sarasota, FL

Faculty, May 2005-current

- Develop and facilitate courses in Alternative Medicine for Bachelor's of Science degree program. Classes taught include Herbology, Detoxification, Homeopathy, Clinical Ethics, Anatomy and Physiology, and Alternative Approaches to Disease.
- Provide student support.
- Administrative duties as required.

Center for Natural and Integrative Medicine, Orlando, FL

Resident Physician, October 2003 - October 2004

- Family Medicine Residency. Patient management with a strong emphasis on chronic fatigue, women's health, hormonal balancing, ADD, autism, cancer support, nutrition, detoxification, and IV chelation. Public lectures, office management, labwork, and clinical rotations in allopathic practices and hospitals.

Additional Education/Certifications

- National Autism Conference, 2010
- Institute for Integrative Medicine Conference, 2010
- Defeat Autism Now! Conferences and Physician Training 2006, 2008; Conference and Nutrition Training 2009
- American Association of Naturopathic Physicians Conference, 2005
- Dr. Teitelbaum's Chronic Fatigue Syndrome Protocol, 2004
- ACAM Heavy Metal Detoxification and Chelation, 2004
- Doula training, 2001
- Neuromuscular continuing education, 2011
- Craniosacral Therapy I-IV and Pediatric Craniosacral continuing education, 2008-2009
- Craniosacral continuing education, 2002-2004
- Visceral Manipulation, 2003
- Pregnancy Massage certification, 2000